

# Opalicious!

## seamless summer



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

5.30.23

#### Sausage Pancake on a Stick

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Yogurt (4 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.6.23

#### Pancake Sausage Griddle

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Muffin Square (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.5.23

#### Mini Waffles

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Cinnamon Toast (1 slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

5.31.23

#### Apple Crumb Cake

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Cinnamon Toast (1 slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.7.23

#### Blueberry Sweet Roll

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Toast w. Jelly (1 Slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.1.23

#### Cinnamon Roll

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Muffin Square (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.8.23

#### Egg, Bacon, and Cheese Bagel

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Cheese Stick (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.2.23

#### Biscuits and Gravy

- Sausage Patty (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Toast w. Jelly (1 Slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.9.23

#### Biscuits and Gravy

- Sausage Patty (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Cinnamon Toast (1 slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

# Opalicious!

## seamless summer



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

6.12.23

#### Sausage Pancake on a Stick

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Toast w. Jelly (1 Slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.19.23

#### French Toast Sticks

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Cinnamon Toast (1 slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.13.23

#### Mini Pancakes

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Yogurt (4 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.20.23

#### Egg & Cheese Breakfast Sandwich

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Muffin Square (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.14.23

#### Cinnamon Roll

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Cinnamon Toast (1 slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.21.23

#### Pancake Bites

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Toast w. Jelly (1 Slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.15.23

#### Scrambled Eggs

- Muffin Square (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Muffin Square (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.22.23

#### Breakfast Nachos

- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Cheese Stick (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.16.23

#### Biscuits and Gravy

- Sausage Patty (0.95 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Toast w. Jelly (1 Slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

6.23.23

#### Biscuits and Gravy

- Sausage Patty (1 Oz)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)

#### Cereal

- Cinnamon Toast (1 slice)
- Fresh Fruit (Whole)
- Fruit Juice (4 Oz)
- Milk (8 Oz)